



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Mornings</b> 9 am to 12 pm		<b>OLDER ADULTS</b> <i>Sewing Craft</i> meet at the YMCA at 9:30	<b>MIND AND BODY</b> 10:00-12:00 at Mosaic Church			<b>SATURDAY STUDY SKILLS</b> 10:00-12:00	
<b>Lunch</b> 12 to 1 pm					<b>SEWING CLASS</b> 12:00-3:00		<b>GUYS AND GIRLS</b> 1:00
<b>Afternoon</b> 1 to 4 pm		<b>HOMEWORK CLUB</b> 3:30-5:30 Keshen Goodman Library					<b>TALKING CIRCLE</b> 1:30-3:00 St. Paul's United Church (Spryfield)
	<b>Y CONNECTS</b> <i>Grade 3 - 6</i> 2:45 - 4:30 Fairview Heights Elementary	<b>TALKING CIRCLE</b> 3:30-5:00 <b>Class I:</b> Level 1 <b>Class II:</b> Level 2	<b>HOMEWORK CLUB</b> 4:30-6:30 North End Library				
<b>Early evening</b> 4 to 6 pm			<b>TALKING CIRCLE</b> 4:30-6:30 Literacy Class		<b>PIZZA MAKING</b> 4:30 - 6:30		
			<b>TALKING CIRCLE</b> 4:30-6:00 Level 3/4				
<b>Late evening</b> 6pm onward		<b>FAMILY SWIM</b> 7:30 Canada Games Centre \$3		<b>FAMILY FUN NIGHT</b> 6:00-8:00			

These activities are available free to Permanent Residents. Please register at YMCA Centre for Immigrant Programs

104—7071 Bayers Road

call: 902-457-9622

email: [yis@halifax.ymca.ca](mailto:yis@halifax.ymca.ca)

[www.ymcafx.ca/schedules/](http://www.ymcafx.ca/schedules/)

YMCA Centre for Immigrant Programs

YMCA Active Living Program

Youth Outreach