



# Welcome to the My Y App! Download TODAY!

The YMCA of Greater Halifax/Dartmouth is excited to share you can now reserve your spot in a Group Fitness Class or Reserve your booking time in other parts of the facility via the My Y App starting on **SATURDAY, OCTOBER 17, 2020!** Please follow the directions below for easy, step-by-step instructions.

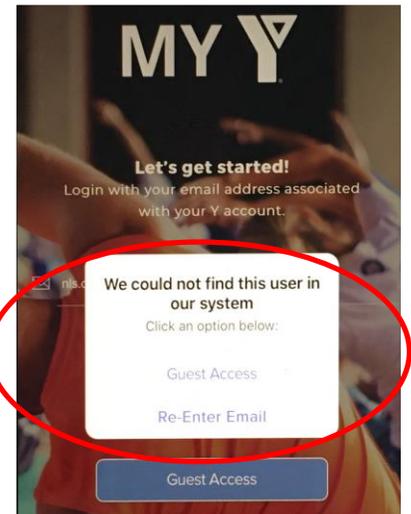
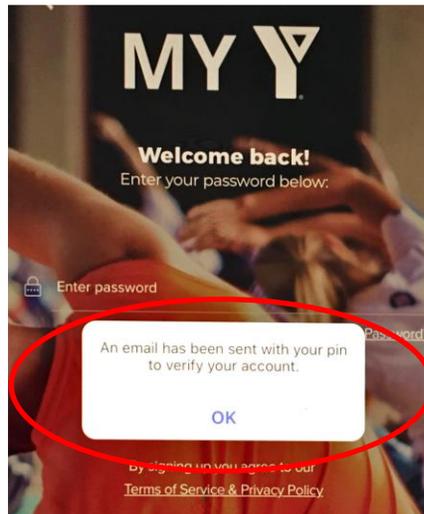
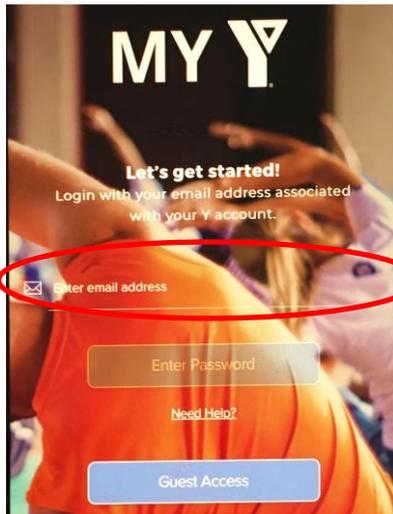
1. Download the app on your mobile phone or tablet via the app store or google play store.



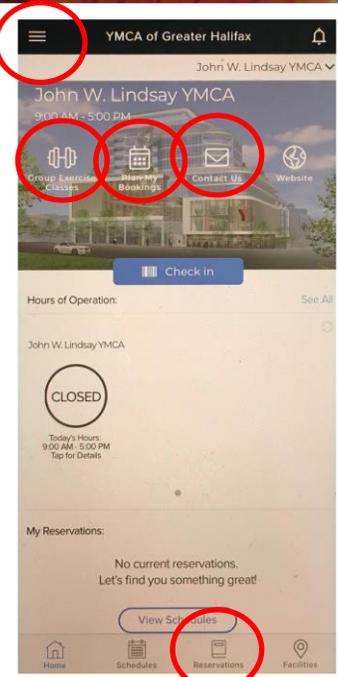
Apple Store: <https://apps.apple.com/us/app/my-y/id1525136879>

Google Play Store: [https://play.google.com/store/apps/details?id=com.upace.ymcamy&hl=en\\_US](https://play.google.com/store/apps/details?id=com.upace.ymcamy&hl=en_US)

2. Open your My Y App and enter the **email address** you used for your YMCA membership account. You will be **emailed a pin** to verify your account and create your password. **NOTE: you MUST use the same email address as your YMCA membership to gain access to your account on the My Y App. To update your email address, please contact our Welcome Desk Staff, 902-423-9622 ext 1.**



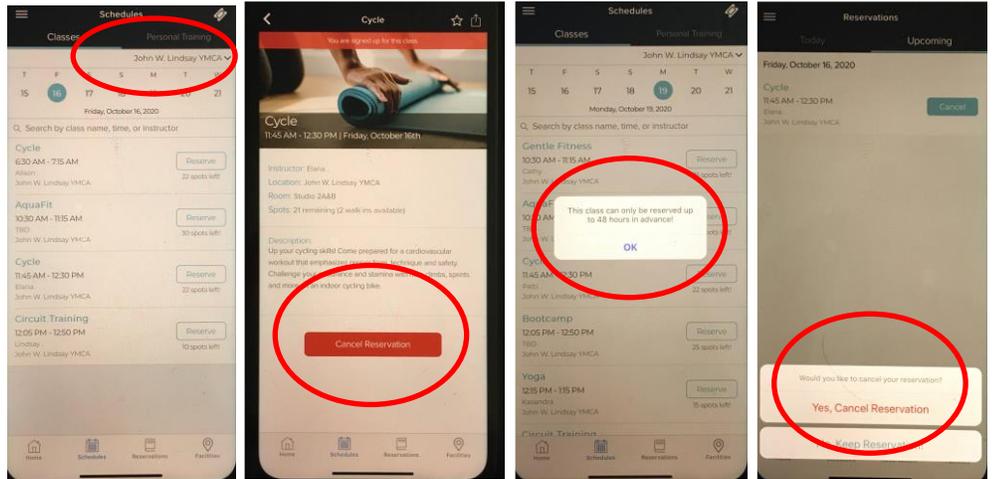
3. After creating your password, you will be asked to login. Welcome to the My Y App Home Page!
4. From the Home Page, you can navigate the app to multiple areas:
  - a. **Group Fitness Classes**
  - b. **Plan my Bookings**
  - c. **Reservations**
  - d. **Contact Us**
  - e. **Menu and more!**





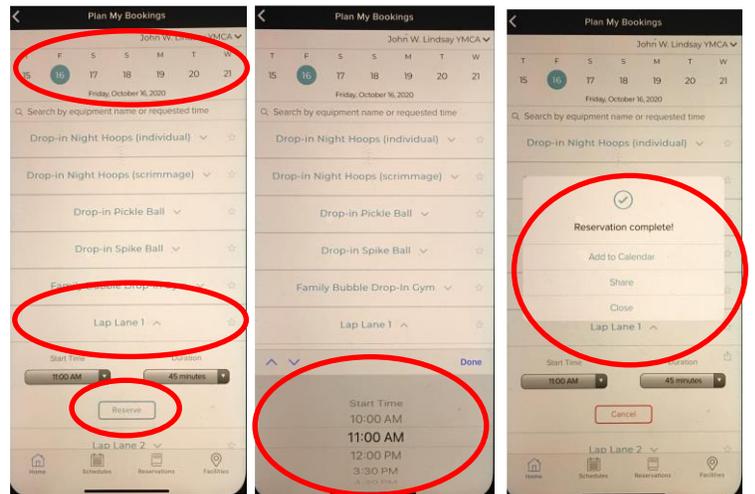
5. To book a Group Fitness Class! Select the **Group Fitness Class Icon OR Schedules Icon** at the bottom of the screen. **Search** the date you wish to attend a class and the desired class. To view

a **course description**, select the **class name**; you can **book/cancel** your spot in the class from this page. Once you've booked your class, you can add it to your calendar or share it with your friends! **NOTE: Group Fitness Classes can be booked up to 48 hours in advance.**



6. To **cancel** your Group Fitness Class, open your Reservation list (select the Reservation Icon on the Home Page).

7. To reserve your time slot, select Plan my Bookings Icon. **Search** the date you wish to reserve your time and the **program** you wish to attend. Select the **time** you wish to participate in the program then select **Reserve**. Once you've booked your **time**, you can add it to your calendar or share it with your friends! **NOTE: programs and time slots can be booked up to 48 hours in advance.**



8. To **cancel** your Bookings, follow the same steps as canceling a Group Fitness Class.

9. We are making it easier for you to reach us! Select the **Contact Us** Icon on the Home Page or **Y Support** in the Menu. Choose the **subject** you wish to contact us about with a **brief message**. We will get back to you as soon as we can.

